## FIN 200 AUDIO PROJECT

## SIGNIFICANT MINDS PODCAST

The intent of this audio project was to start a conversation about mental health, and schizophrenia in an Appealing manner, in language and sounds that would be effective. I did a lot of hiking and walking trails and beaches to try and get the right ambiance in the background. Every time I did, there was human interference. I found it challenging to get natural noises. The track in the background was from a 6 k hike to Vondonop Inlet on Cortes Island. It was a very calm quiet day. It wasn't till I was almost back to my car I found a sunny patch to set up my Zoom H6. There was just enough chatter to be interesting. I just moved into a big new house, but most of the rooms had an echo. Although my bedroom posed to have the least amount, and I'm happy with the recording of my podcast. I used noise cancelling techniques we learned, and added reverb to the whispers. Oh! And the track I m,ade on Ableton Live. It really sets the tone I wanted for the podcast. I didn't spend a lot of time on it and would refine it more, but it is very effective. I found a scary sound to represent the darkness one might feel in a severe moment. I also recorded the whispers for the intro with a stereo mic attachment that comes with the Zoom H6. It picks up left and right, so I walked around it, whispering. The end result is amazing, I thought.